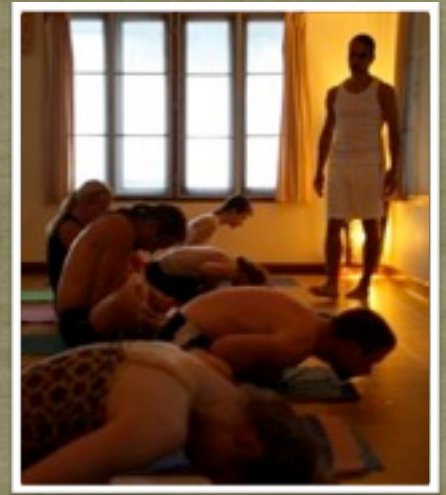


# Astanga Yoga Retreat with Petri Räisänen & Wambui Njuguna Jan 3 - Feb 4 2012 Koh Mak, Thailand



Yoga Practice



Thai Culture



Adjustment & Healing Workshops



Relaxation



Thai Massage



Children's Yoga

Welcome to an inspirational retreat of powerful Astanga yoga and self-discovery in the quiet surroundings of the beautiful island of Koh Mak, located on the South-East coast of Thailand.

Retreat designed for Astanga Yoga students of all levels

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